



www.instantheatpacks.co.uk

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Hand Warmer Heat Packs

Features:

- Instant activation anywhere
- Reusable over and over again
- Reaches 54° C almost immediately
- Easily activated, simple to reset
- Tough pvc pouch
- Safe non-toxic food grade salt solution
- 105mm x 75mm in Red and Blue
- Safe for all with careful handling



Instant heat source for:

- Chronic pain relief (eg. Arthritis)
- Recurring pain relief (eg. period pain)
- Sports injury
- Walking on cold days!(eg. Dog walking, school runs, sports spectators)

Cold source for:

- Sprains
- Strains
- Headaches

PLEASE NOTE:

DO NOT FREEZE

The heatpacks can be used as cool packs but should only be cooled in the refrigerator.

DO NOT MICROWAVE

The heat packs are not suitable for the microwave as they contain a metal disk. To 'reset' the heat pack it should be placed in boiling water for 5-15 minutes.

The Real Heat Pack Company Ltd is part of *The BenTasha Group*.

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